

# Registration Form (HS Camp)

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Shirt Size (Adult) \_\_\_\_\_  
Phone \_\_\_\_\_  
Grade(as of Sept. 2018) \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
High School \_\_\_\_\_  
Medical Concerns \_\_\_\_\_  
Insurance CO. \_\_\_\_\_  
Insurance # \_\_\_\_\_  
Emergency Contact \_\_\_\_\_  
Phone # \_\_\_\_\_  
Parent E-mail \_\_\_\_\_

**Release of liability:** I hereby release the Cape Cod Volleyball Camp, Cape Cod Volleyball Club Inc. and its agents of any and all liabilities for any injuries incurred by the above registrant while at camp. I also authorize the emergency medical treatment for any injuries that may occur. **I have read and agree to the refund policy.**

Parent or Guardian Signature \_\_\_\_\_

## *Refund Policy*

*The Cape Cod Volleyball Camp will offer a refund minus a \$50 Administration fee when requested in writing to the camp office no later than June 1<sup>st</sup> 2018. After June 1<sup>st</sup> 2018 refunds, minus \$50 administration fee, will be given only upon receipt of a physician signed medical excuse. **There will be no refunds given once camp has begun. Refund applications are available online.***

# 2018 Cape Cod



## Volleyball Camp at Barnstable High School

July 9 - July 12

8:00-3:00

Girls Grades 9-12

For information:  
Call Tom Turco  
508-776-2972  
capecodvolleyball@comcast.net  
www.capecodvolleyball.com

## About The Camp

**The Cape Cod Volleyball Camp** gives players the opportunity to develop their individual skills as well as to learn and refine the team aspects of the game.

Within this challenging week the camp offers the following:

Selective skill development through **Selective skill stations** (work on the skills that you will use in your high school season)

Time spent within a team setting learning team skills.

Tournaments every afternoon.

3 on 3 championships

Individual skills video

Camp t-shirt

Skill evaluation

Camp certificate

7 full courts



## About the Director

**Tom Turco (657-61)** is the Head Volleyball coach at Barnstable High School. In his 30 years there he has coached the Red Raiders to 18 State Championships in '93, '95, '96, '97, '98, '00, '03, '04, '05, '06, '07, '08, '10, '11, '12, '13, '15 and 2016.

**He was selected as the NHSCA 2012 National Coach of the Year. In 2008 he was named the AVCA National Coach of the Year.** Tom has been named Boston Globe Coach of the Year 5 times as well as the NFCA Northeast Coach of the Year in 2000. Tom was inducted into the Massachusetts Girls Volleyball Coaches Association Hall of Fame in 2004. He is also the director of Cape Cod Juniors Volleyball and the director of the Barnstable Recreation Volleyball Camp.

## About the Staff

### Lead Coach

**Harleigh Chwastyk** - Head Coach Swarthmore

### Coaches

**Mickey Cahoon** - Head Coach Clark University

**Justin Turco** - Head Coach Salisbury University

**Richard Casali** - Head Coach Framingham State

**Ian Braddak**—Asst Coach Columbia

**Mel Appleman**—Head Coach Fisher College

**Natalie Cohen**—Head Coach Dean College

**Jack Olson** - Head Coach Cardinal Spellman

**Marylou Robles** - Assistant Barnstable HS

**Brian Cattabriga**- Assistant Coach Barnstable HS

**Michelle Gregory** - Cape Cod Juniors

**Sam Fasoli** - Asst Coach Dean College

**Keith Chagaris** - Camp Trainer

## What To Bring



Cooler with drinks, snacks and lunch



Sneakers, kneepads

### State Regulation

**The Cape Cod Volleyball Camp is in compliance with the Massachusetts Board of Health and the Town of Barnstable Board of Health guidelines. Regulations require that campers submit a copy of their most recent physical examination and immunization records. Records are due no later than two weeks prior to the camp.**

**Camp Fee: \$350**

## How to register

Fill out the registration form on the back and send with a check payable to:

***Cape Cod Volleyball Camp***  
**P.O BOX 303**  
**South Harwich, MA 02661**

***Camp was full last year***  
**Register Early...**  
**Enrollment is Limited...**