

Cape Cod Junior Olympic Volleyball Tryouts

Sunday January 9 , 2011

Sunday January 16 2011

At Barnstable High School

TIMES AGES

9:00AM-11:00AM

12s (Age requirement- Athlete must not turn 13 before Sept.1 2011)

**** PLEASE NOTE-12S WILL PARTICIPATE "IN HOUSE" ONLY****

*****TRAINING, TEAMS, GAMES...NO TRAVEL *****

14s (Age requirement- Athlete must not turn 15 before Sept.1 2011)

11:00AM-1:00PM

16s (Age requirement- Athlete must not turn 17 before Sept.1 2011)

18s (Age requirement- Athlete must not turn 19 before Sept.1 2011)

Tryout Fee: \$25 (One time fee)

Club Fees: 12s \$200

14s/ 16s/ 18s \$350

Cape Cod Juniors runs from Jan 9, 2011 to May 2, 2011. All practices are on Sundays at the same time slot as the tryouts. There are five tournament dates and the rest are training sessions.

For more information please contact Club Director: Tom Turco

Email: bhsvb10x@yahoo.com

Call / text: 506-776-2972

Cape Cod Juniors Tryouts

PAPERWORK

All signed paperwork must be submitted at tryouts on Sunday, January 9th to be eligible for a team.

All Code of Conduct forms, waivers, & medical release must be in on Sunday.

Anyone WITHOUT proper paperwork will not be placed on a Team. If you have any questions as to whether or not all your forms are in, please email Tom Turco and he will let you know. bhsvb10x@yahoo.com

Instructions on what to do to tryout for a team:

The first thing you need to do is register with NERVA online. The instructions are as follows:

Any player trying out for Cape Cod Juniors needs to register with USA Volleyball prior to trying out. Please follow these directions.

If you have any questions you can email me at bhsvb10x@yahoo.com or call me at 508-776-2972

1) Go to <http://nervajuniors.org/> and click on "web point registration."

- 2) On the left, Request a Login. It's send immediately
- 3) Login
- 4) On left, go to 'Renew Online' if you were registered last year. If not then fill in the new info.
- 5) Check your info. Add to bottom right area of the screen as necessary and then hit 'continue'.
- 6) Go to the drop down menu on the right and select "Cape Cod Juniors" You MUST select a club or we won't show you as being registered.
- 7) On the left where it asks for Membership Type, you should select "Juniors Girls".
- 8) Hit 'Submit'. Do not worry about money. Your NERVA fee is part of the club dues once you make a team. We will submit the money to NERVA on your behalf.
- 9) Click on all the Waivers and Codes. A parent or guardian must submit a drivers license number to finalize the process.
- 10) You no longer have to present signed forms at checkin. The electronic signature is acceptable.
- 11) Any problems or questions, please email me

The next thing you need to do is complete the following form: Medical Release Form

<http://www.nervajuniors.org/images/2011medical.pdf>